Evidence, Knowledge, Libraries and Learning for Worcestershire’s Health Community
Welcome to the Little Library Book of Nursing Revalidation

In this Little Book there are suggestions for books, websites and other resources which offer information on Nursing Revalidation and tips on how to search for relevant evidence.

If you would like help using any of the resources listed, if you would like to know about other available Nursing Revalidation resources, or you need help with finding information for your work or studies, please contact your local Worcestershire Health Libraries service.

Contact details for each library are here:  [http://www.wkp.nhs.uk/our-libraries/](http://www.wkp.nhs.uk/our-libraries/)

<table>
<thead>
<tr>
<th>Library</th>
<th>Rowlands Library</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact</td>
<td>Nick Smith/ Emma Gibbs/ Carly Farmer</td>
</tr>
<tr>
<td>Address</td>
<td>Charles Hastings Education Centre, Worcestershire Royal Hospital WR5 1DD</td>
</tr>
<tr>
<td>Telephone</td>
<td>01905 763333 ext. 33760 01905 760601 (direct)</td>
</tr>
<tr>
<td>Fax</td>
<td>01905 760866 (direct) 33761 (internal)</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:wah-tr.WRH-RowlandsLibrary@nhs.net">wah-tr.WRH-RowlandsLibrary@nhs.net</a></td>
</tr>
<tr>
<td>Staffed hours</td>
<td>Monday-Friday: 08:30am-16:30pm</td>
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<thead>
<tr>
<th>Library</th>
<th>Redditch Health Library</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact</td>
<td>David Chamberlain / Hannah Shakespeare/ Diane Costello/ Shophie Uddin</td>
</tr>
<tr>
<td>Address</td>
<td>Arafa Education Centre, Alexandra Hospital, Woodrow Drive, Redditch B98 7UB</td>
</tr>
<tr>
<td>Telephone</td>
<td>01527 503030 ext. 45770 01527 505770 (direct)</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:wah-tr.ALX-Library@nhs.net">wah-tr.ALX-Library@nhs.net</a></td>
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<tr>
<td>Staffed hours</td>
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<tr>
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<th>Kidderminster Health Library</th>
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</thead>
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<tr>
<td>Contact</td>
<td>Jan Brown / Sharon Wooldridge</td>
</tr>
<tr>
<td>Address</td>
<td>Education Centre, Treatment Centre, Bewdley Road, Kidderminster DY11 6RJ</td>
</tr>
<tr>
<td>Telephone</td>
<td>01562 823424 ext. 55253 01562 512344 (direct)</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:wah-tr.KTC-HealthLibrary@nhs.net">wah-tr.KTC-HealthLibrary@nhs.net</a></td>
</tr>
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<td>Staffed hours</td>
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<tr>
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<th>Evesham Health Library</th>
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<tr>
<td>Contact</td>
<td>Rowlands Library, Worcestershire Royal Hospital</td>
</tr>
<tr>
<td>Address</td>
<td>Training &amp; Development Centre, Evesham Community Hospital WR11 1JT</td>
</tr>
<tr>
<td>Telephone</td>
<td>01386 502353</td>
</tr>
<tr>
<td>Fax</td>
<td>01386 502542</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:wah-tr.WRH-RowlandsLibrary@nhs.net">wah-tr.WRH-RowlandsLibrary@nhs.net</a></td>
</tr>
<tr>
<td>Staffed hours</td>
<td>Thursdays only 09:30am-1:30pm</td>
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More information can be found on the library website: [www.wkp.nhs.uk](http://www.wkp.nhs.uk)
Books for Revalidation held in our libraries

Here is a selection of revalidation-related titles held in our library.

<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Shelfmark</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication skills in health and social care.</td>
<td>Moss, Bernard</td>
<td>WA 270</td>
</tr>
<tr>
<td>Beginning reflective practice</td>
<td>Jasper, Melanie</td>
<td>WY 54</td>
</tr>
<tr>
<td>Becoming a reflective practitioner</td>
<td>Johns, Christopher</td>
<td>WY 54</td>
</tr>
<tr>
<td>Professional development, reflection and decision-making in nursing and health care</td>
<td>Jasper, Melanie</td>
<td>WY 54</td>
</tr>
<tr>
<td>Reflective practice in nursing</td>
<td>Howatson-Jones, Lioba</td>
<td>WY 54</td>
</tr>
<tr>
<td>Reflective practice in nursing</td>
<td>Bulman, Chris</td>
<td>WY 54</td>
</tr>
<tr>
<td>Reflective practice for healthcare professionals: a practical guide</td>
<td>Taylor, Beverley Joan</td>
<td>WY 54</td>
</tr>
<tr>
<td>Critical reflection in practice : generating knowledge for care</td>
<td>Rolfe, Gary</td>
<td>WY 54</td>
</tr>
<tr>
<td>Successful professional portfolios for nursing students</td>
<td>Reed, Suzanne</td>
<td>WY 54</td>
</tr>
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</table>

Check our online catalogue [http://www.wkp.nhs.uk](http://www.wkp.nhs.uk) for details of other titles.

1000s of E-Books available to download via our website
How to find evidence to support revalidation

Consider your information query

- Clinical
- Guidelines
- Evidence Summaries
- Pathways
- Research/ Audit
- Patient information

These are some examples – can you think of any others?

Convert your question into a search

- Identify key concepts using search tools such as PICO: Problem/Patient/Population, Intervention, Comparison, Outcome.
- Identify all the keywords, phrases and terminology relevant for each concept.
- Use thesaurus for medical terms
- Look at broader, narrower and related concepts.
- Consider alternative spellings and truncated words.

Consider the evidence level

Different types of information have different levels of evidence

- Is a Google search as evidence based as a Cochrane library search?
- Is wikipedia as good a source as NHS Evidence?
- And if not why not?

Matching the level of evidence (triangle) to resources available
**Conduct your search**

Look for high level evidence first

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**How to search**

Search more than one resource
Use a mix of keyword searches and formal subject headings
Use truncation and wildcards
Carry out separate searches for each of your key concepts first
Mix and match your search results
Limit your search results by year, language, age range etc.
Explode versus focus
Use citation searches to track who has quoted a particular paper
Save your search records and search history
Use email alerts and personalisation services to keep up-to-date on a topic
Ask a Librarian
Your Health Library is here to help

Find guides on our “Learning Zone” tab to search databases on our webpages: http://www.wkp.nhs.uk/learning-zone/

We offer Training sessions in the library. Group and 1:1

Library E-Learning packages are available via ESR

We have an “Ask a Librarian” and enquiry service

We provide you with access to specialist databases, eJournals and eBooks from work or home using your NHS Athens Account.

All our library staff are here to help – please ask

Producing evidence for revalidation

You can record all your database and research activity as evidence for your CPD

<table>
<thead>
<tr>
<th>Activity</th>
<th>Evidence</th>
<th>How</th>
<th>Where to put it</th>
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</thead>
<tbody>
<tr>
<td>Workshops/training</td>
<td>Certificate of attendance</td>
<td>Download (ESR)</td>
<td>Portfolio</td>
</tr>
<tr>
<td>Reading</td>
<td>Library account E-mails</td>
<td>Download</td>
<td>Reflective log</td>
</tr>
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<td></td>
<td>My collections Alerts/ TOCs</td>
<td></td>
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</tr>
<tr>
<td>Enquiry based research</td>
<td>Search history E-mails/ Alerts</td>
<td>Save in your account - download</td>
<td>Reflective log</td>
</tr>
<tr>
<td></td>
<td>Search strategy</td>
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Some advice when searching

- Use “help” to find how the resource uses operators
- Set up passwords and register (i.e. Athens, NICE, BNF)
- “” – inverted commas allows phrase searching e.g. “spinal injury” not spinal or injury
- Look for and use filters
- Assess and evaluate the information
- Sign up for alerts
- Ask a librarian
How to critically appraise the information?

Use tools such as CASP checklists, to evaluate the quality of the evidence you find:

**CASP : Critical Appraisal Skills Programme**  [www.casp-uk.net/checklists](http://www.casp-uk.net/checklists)

**Centre for Evidence Based Rehabilitation**  [http://srs-mcmaster.ca/research/evidence-based-practice-research-group/](http://srs-mcmaster.ca/research/evidence-based-practice-research-group/)


### Books:

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<tr>
<th>Title</th>
<th>Author</th>
<th>Shelfmark</th>
</tr>
</thead>
<tbody>
<tr>
<td>Making sense of critical appraisal</td>
<td>Ajetunmobi, Olajide</td>
<td>WB 20</td>
</tr>
<tr>
<td>A beginner’s guide to critical thinking and writing in health and social care</td>
<td>Aveyard, Helen</td>
<td>L 125</td>
</tr>
<tr>
<td>Doing a literature review in health and social care: a practical guide</td>
<td>Aveyard, Helen</td>
<td>L 125</td>
</tr>
<tr>
<td>How to read a paper: the basics of evidence-based medicine</td>
<td>Greenhalgh, Trisha</td>
<td>WB 20</td>
</tr>
<tr>
<td>Understanding nursing research: building an evidence-based practice</td>
<td>Grove, Susan K.</td>
<td>WY 20</td>
</tr>
<tr>
<td>Clinical evidence made easy</td>
<td>Harris, M.</td>
<td>WX 175</td>
</tr>
<tr>
<td>Nursing research : methods and critical appraisal for evidence-based practice</td>
<td>LoBiondo-Wood, Geri</td>
<td>WY 20</td>
</tr>
<tr>
<td>Making sense of research in nursing, health and social care</td>
<td>Moule, Pam</td>
<td>WY 20</td>
</tr>
<tr>
<td>Succeeding in literature reviews and research project plans for nursing students</td>
<td>Williamson, Graham</td>
<td>L 125</td>
</tr>
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</table>

Again – do check out our e-books – all downloadable to hand held devices and free
Journals to support revalidation

Many journals are available to you electronically via the Worcestershire Health Libraries website Go to www.wkp.nhs.uk and then click “Journal Full Text Finder” on the left hand side

You will need an Athens account to access the full text.

Useful articles:

Title: Using mentorship activities to assist nurses and midwives with their revalidation requirements.
Citation: Nursing Standard; Jan 2017; vol. 31 (no. 20); p. 45-52
Author(s): Jolly, Sara Nicola; Hyatt, Simon Andrew; Dadge, Jean Ruth; Summerhill, Katie
Abstract: This article discusses how becoming a mentor and maintaining mentor status can provide registered nurses and midwives with evidence to assist them in their revalidation.

Title: How to succeed in NMC revalidation.
Citation: Occupational Health; Apr 2017; vol. 69 (no. 4); p. 17-19
Author: Kelsey, Catherine
Abstract: The article deals with how occupational health (OH) nurses can meet the requirements of the revalidation process of the NMC. Topics discussed include the challenge to make the NMC code of practice fit with the professional practice of OH nurses, the need for OH nurses to record 5 reflective accounts as a means of demonstrating what they have learned, and the requirement of undertaking 35 hours of continuing professional development every 3 years.

Title: Reflective practice is vital to the revalidation process.
Citation: Emergency Nurse, 2016, vol./is. 24/1(8-9)
Author: Dean, Erin
Abstract: As the first tranche of staff renew registration this month, emergency nurses explain why a new system was needed.

Title: Leadership skills: The ethically active manager
Citation: Wounds UK, March 2016, vol./is. 12/1(58-60)
Author: Ellis P.
Abstract: With an eye to contemporary topics of interest to today's nurse managers, this series explores the issues and challenges associated with becoming a leader. In this article we explore revalidation for nurses, giving advice to managers on how to support their staff through the process.

Title: Personal reflection: Going through the revalidation pilot
Citation: British Journal of Midwifery, 2016, vol./is. 24/4(242)
Author: Smart, Mark
Abstract: Mark Smart is a dual-registered nurse and midwife, who works on a busy labour ward at a hospital in Wales. He took part in the revalidation pilot in 2015.

Don’t forget: to find articles on a topic, you can also search Royal Marsden Manual, Cochrane Library, Medline, CINAHL, BNI, TRIP etc. with your Athens account. Contact the library for further information.
Useful websites to support revalidation

Apollo Nursing Resource  www.apollonursingresource.com/

Behind the headlines  http://www.nhs.uk/News/Pages/NewsIndex.aspx

Biomed Central  www.biomedcentral.com


Clinical Trials Toolkit (NIHR)  www.ct-toolkit.ac.uk/

Evidently Cochrane  http://www.evidentlycochrane.net/

Health and Care Professions Council  www.hpc-uk.org/

NHS Employers Revalidation Resources  http://tinyurl.com/j3kxvaz

NICE evidence  https://www.evidence.nhs.uk/

NMC Revalidation resource from the RCN (password needed)  https://www.rcn.org.uk/professional-development/revalidation

Nursing & Midwifery Council  www.nmc.org.uk/standards/revalidation

Office of National Statistics  www.ons.gov.uk

Patient.co.uk  http://patient.info/education

Royal College of Midwives  www.rcm.org.uk/watch-our-revalidation-video

Royal College of Nursing  http://rcni.com/workplace/revalidation

Royal College of Nursing Learning Zone Resources  https://www.rcn.org.uk/professional-development/learning-zone

Skills for Health  www.skillsforhealth.org.uk

Social Care Institute for Excellence  e-learning programmes (including Dementia)  www.scie.org.uk/publications/elearning/index.asp

Social care online  http://www.scie-socialcareonline.org.uk/

@WeCommunities  www.wecomunities.org

@WeNurses on Twitter  https://twitter.com/  regular live chats on subjects related to nursing, including revalidation.

Youtube  www.youtube.com  : search for nursing revalidation or midwifery revalidation
Key documents for nursing revalidation

NMC : The Code : Professional standards of practice and behaviour for nurses and midwives

NMC : Revalidation Workshop (completed templates and forms)

RCN : NMC Revalidation : next steps : an update from the RCN on NMC revalidation plus FAQs

Apps and E-Learning resources for revalidation

BBC Webwise www.bbc.co.uk/webwise
Cochrane Learning www.wileyhealthlearning.com/cochrane.aspx
Cochrane Journal Club www.cochranejournalclub.com/
Dignity in Care www.dignityincare.org.uk/Resources/Training_resources/
E-Learning for Healthcare www.e-lfh.org.uk
FutureLearn https://www.futurelearn.com/
Health Education England https://hee.nhs.uk
National Patient Safety Suite https://nationalpatientsafetysuite.virtual-college.co.uk/
NICE Guidelines app www.nice.org.uk
Open University Open Learn www.open.edu/openlearn/

Adapted by David Chamberlain from an original booklet created by Sarah George (NHS Wales) 2016 – second edition 2017
Worcestershire Health Libraries

We can help with............

- Library registration
- Electronic Resources
- Literature searching
- Helping you find books and articles
- Introduction to library resources
- Smartcard queries
- E-Learning
- Emailing Journal table of contents
- Fiction
- Scanning documents
- Article requests
- General library enquiries
- Training – group/ 1:1
Different Information Resources for your Different Information Needs

Free for you, via Athens log in
www.wkp.nhs.uk